



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PERSONAL TRAINING PACKAGE

Salt Fork YMCA

The Salt Fork YMCA is now offering a special monthly package for members. Members will receive 5 (30 minute) personal training sessions every month for an additional \$125 with their monthly membership. (10 session package available for an additional \$200 with monthly membership)

**FOR MORE INFORMATION:
Lisa McComas
mccomas@saltforkymca.org or
(660) 886-9622.**



Disclaimer: Members can enroll at any time. This package requires a 30-day cancellation notice. Sessions purchased for the month must be used within the same month. Unused personal training sessions will not roll-over to the following month. All sessions are 30 minutes.